

Maslow's Hierarchy of Needs

- Maslow believed that there are certain things that all people need in order to meet their full potential. He organized them in a pyramid form, with the most essential things at the bottom, and each following level only being possible if the level's below are in place.
- Take a look at the pyramid and discuss what these things might mean in terms of 'I have...' statements. For example, 'Physiological' needs are things that are essential to stay alive, for example, 'I have clean water to drink', 'I have fresh air to breathe' 'I have enough food to eat' etc.
- Can you decide what the 'I have...' statements might be for each level of the pyramid and decide if you agree with Maslow that each level builds on the next.





